



Murrysville Community
"BEAT THE HEAT" 5K RUN / WALK
August 16, 2008
hosted by the
Franklin Regional Soccer Boosters

Location:

Race starts and ends at Sloan Elementary School, Sardis Road, Murrysville, PA.

Time:

Registration begins at 7 AM. Race begins at 8 AM.

ON-LINE Registration from www.murrysvilleonline.com/frsoccer/

Entry Fee:

\$15 on-line or postmarked by August 11; \$20 after August 11.

Awards and Prizes:

Awards will be presented at the ceremony following the race. Trophies to Top Male and Top Female-Overall and second place. Medals for Top 3 in the following Male and Female age groups:

Runners - U10, 11-13, 14-16, 17-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Walkers – No age bracket, Medals to top 5

Over \$1,000 in prizes will be given away by random drawing after awards are distributed. All registered participants are eligible for prizes. You must be present to win.

Directions:

Eastbound on Rt. 22: Turn left on Vincent Hall Road (by McDonald's). Proceed straight through next light onto Sardis Road. Sloan Elementary is approximately 3 miles ahead on right.

Westbound on Rt. 22: Turn right on Vincent Hall Road (by McDonald's). Proceed straight through next light onto Sardis Road. Sloan Elementary is approximately 3 miles ahead on right.

Questions: Fred Settino 412-352-7961

REGISTRATION FORM (PLEASE PRINT CLEARLY)

Please Detach and Mail to: Tris Roberge, 141 Misty Meadow Lane, Murrysville, PA 15668

Pre-registration: Postmarked by August 11, 2008

Checks Payable to: Franklin Regional Soccer Boosters

Name: _____ Phone: _____

Address: _____ City: _____

State: _____ Zip Code: _____ E-Mail: _____

Age on Race Day: _____ Date of Birth: _____ Sex: (Please Circle) M F

Shirt Size:(Please Circle) S M L XL (All are Adult T-Shirt Sizes)

Category: (Please Circle) runner or walker

Waiver: In consideration of my entry being accepted, I, intending to be legally bound, do hereby, for myself, my heirs, executors, and assigns, waiver, release and forever discharge any and all rights and claims for damages that I may have or which may hereafter accrue to me against the Franklin Regional Soccer Boosters and all race sponsors and race organizers.

Signature: _____

Parent or Guardian Signature: (If Athlete is Under Age 18) _____